



## breakfast menu

### Traditional breakfasts

With a choice of poached, fried or scrambled egg

<b>The Full</b>	7.95
Bacon, award winning sausage, grilled tomato, mushroom, baked beans, black pudding, free range egg, wholemeal or white toast	
<b>The Lighter</b>	5.95
Bacon, award winning sausage, grilled tomato, egg, mushroom	
<b>The Veggie</b>	7.50
Vegetarian sausage, egg, grilled tomato, mushroom, beans, halloumi and spinach	

### Lighter breakfasts

<b>Homemade granola</b>	4.95
Toasted nuts, fresh fruit and natural yoghurt	
<b>Smoked salmon &amp; poached eggs</b>	6.95
served with toasted breakfast muffin and lemon	
<b>breakfast sandwiches</b> (white or wholemeal)	3.50
A choice of sausage, bacon, egg, black pudding, mushroom or tomato additional items +£1	
<b>Toast and preserves</b>	2.95
white or wholemeal toast served with butter and jam or marmalade	

### Smoothies & juices

#### Smoothies

Strawberry, mint and banana	5.25
Mango, pineapple, orange & coconut	5.25

#### Homemade Juices

Golden Glow - Ginger, carrot, turmeric & grapefruit	4.25
Tropi-kale - Banana, pineapple & kale	4.70

### Drinks

Teapigs tea - chamomile,	2.50
Peppermint, green tea,	
liquorice and peppermint, earl grey	
Double Espresso	
Americano	2.40
Cappuccino	2.80
Cafe Latte	2.80
Iced latte	3.50
Selection of juices - Orange, apple, spiced tomato or cranberry	2.30



Now serving freshly squeezed orange juice!

£2.00



All of our meats are locally sourced including from Melbourne's own Tori and Ben's farm and butchery.

Our sausages are supplied from Owen Taylors and this year won the most prestigious award in sausages.

Soya milk available on request